

Hi, my name is Kate

I have been in the natural therapies industry for 23 years. I am trained in Reiki healing, massage therapy, herbal medicine, bachflowers and have a diploma in pregnancy massage.

I love helping people on their journey to health and healing. Energy work is a real passion of mine and I love creating and hosting sacred circles.

All my packages can be adjusted and changed to suit you or your group. Any questions please don't hesitate to get in touch.

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